2017-2018

SHAPE America JRFH & HFH

Grant Program Application

**Heart-healthy schools are fueled by effective health and physical education and support 50 Million Strong by 2029, SHAPE America's vision to empower all students to live healthier lives.**

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| The $2,500 grant supports professional development and provides funds to purchase school equipment. |
| Grantees receive:   * $1,300 professional development stipend to attend the 2018 SHAPE America National Convention & Expo in Nashville, TN from March 20–24, 2018. The stipend may be used towards convention registration, travel, lodging and/or per diem. * One-year SHAPE America professional level membership (if you are not a current SHAPE America member) and (1) copy of the 2014 National Standards & Grade-Level Outcomes for K-12 Physical Education. * $1,200 US Games gift certificate redeemable for equipment to enhance your school’s physical education program. The gift voucher will be presented at the 2018 SHAPE America National Convention & Expo in Nashville, TN. * Invitations to special events where you will meet physical education and JRFH/HFH leaders from around the country. * Opportunity to share what makes your program special by contributing to *The Pulse*, JRFH/HFH national newsletter. |
| Criteria  Applicants must:   * Have conducted a Jump Rope For Heart or Hoops For Heart event in the past year. * Obtain permission from school principal/district leaders and be able to attend the SHAPE America National Convention & Expo in Boston if selected to receive the grant. * Submit a complete, typed application free of errors and typos by email *no later than 12 a.m. EST on November 1st, 2017.* |

SHAPE America – The Society of Health and Physical Educators is proud of its over 39-year partnership, sponsoring Jump Rope For Heart (JRFH) and Hoops For Heart (HFH) with the American Heart Association. SHAPE America strives to give back to those who are dedicated to Jump Rope For Heart and Hoops For Heart and funds this national grant program to reward the passion and commitment of coordinators across the country.

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| Guidelines |
| * We will only accept grant applications that are submitted electronically. * Please email your application to Yasmeen Taji-Farouki at [ytaji-farouki@shapeamerica.org](mailto:ytaji-farouki@shapeamerica.org). * SHAPE America does its best to respond to all applications but, due to the large amount of proposals received, we cannot guarantee that you will receive a confirmation of receipt. * Previous winners may reapply in three years; however priority will be given to new applicants. * Joint Projects Committee members are not eligible to apply. * All grant applications must be received ***no later than 12 a.m. EST on November 1st, 2017.*** * Applicants will be notified in January. * Grant recipients will be announced via email, in The Pulse, and on www.shapeamerica.org. * If you have any questions regarding this grant program please contact Yasmeen Taji-Farouki at [ytaji-farouki@shapeamerica.org](mailto:ytaji-farouki@shapeamerica.org). |
| Grant Application Components |
| Part I. Applicant Information Form |
| Part II. Brief paper (no more than two-typed pages) that focuses on the passion you, your students, school and community have for JRFH/HFH, demonstrates how your JRFH or HFH event has grown, and explains why you participate in the program. |
| Part III. Sample budget with narrative describing how you will use the grant funds. |
| **Part IV.** Lesson plan you have used to support your JRFH and/or HFH event. Lesson plan template must be complete. *The lesson plan does not have to be jump rope or basketball specific – Health Education lesson plans on risk factors, refusal skills, heart health, nutrition, etc. are encouraged.* |
| Part V. (Optional) Applicants may include **up to three** supporting artifacts documenting your Jump Rope For Heart or Hoops For Heart event. Supporting artifacts must be submitted electronically. *Additional supporting artifacts (beyond three) will be reviewed at the discretion of the committee.*  *Examples of artifacts are as follows but not limited to:*   * Photos (submission of photos – one or more will count as **one** supporting artifact) * Letters of recommendation * Newspaper articles * Parent testimonials |

Part I. Applicant Information Form

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Coordinator Contact Information | | | | | | | |
| Name | Click here to enter text. | | | | | |
| Email | Click here to enter text. | Phone | | Click here to enter text. | | |
| School Information | | | | | | | |
| School | Click here to enter text. | No. of Students in School | | Click here to enter text. | | |
| Street Address | Click here to enter text. | | | | | |
| City | Click here to enter text. | State | Click here to enter text. | Zip | | Click here to enter text. |
| Principal’s Name | Click here to enter text. | | | | | |
| Principal’s Email | Click here to enter text. | | | | | |
| Membership | | | | | | | |
| SHAPE America Member ID | Click here to enter text. | Are you a member of your state association? | | | Yes  No | |
| JRFH/HFH Event Information | | | | | | | |
| List your Leadership and Awards Related to JRFH and/or HFH  *Ex: Session presentations at conferences, mentorship, district leader, presentations to department/ district.* | Click here to enter text. | | | | | |
| Which event do you hold? | JRFH  HFH  Combo | | | | | |
| Date of Last Event | Click here to enter a date. | No. of Years Holding JRFH and/or HFH event(s) | | Click here to enter text. | | |
| Name of AHA Youth Market Director | Click here to enter text. | | | | | |

Professional Development Stipend Agreement

By checking the box, I certify that my principal approves of this application and will allow me to attend the SHAPE America National Convention & Expo if I am selected as a grant recipient.

By checking this box, I understand that if selected for the grant I will receive a $1,300 professional development stipend to attend the2018 National Convention & Expo in Nashville and that I will be responsible for any costs that exceed the value of this award. Part II. Essay

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| Write a brief paper (no more than two-typed pages) that focuses on the passion you, your students, school, and community have for JRFH/HFH; demonstrates creative methods on how your JRFH or HFH event has grown; and, why you participate in the program. |
| Click here to enter text. |

Part III. Budget

In the table below, include your budget for spending the $1,200 US Games certificate and briefly explain what the equipment will be used for and how it will augment your school’s physical education program. You can find the US Games catalog of equipment [here](http://www.usgames.com/catalog/).

|  |  |  |  |
| --- | --- | --- | --- |
| Item | Unit Cost | Quantity | Subtotal |
| Click here to enter text. | Click here to enter text. | Click here to enter text. | Click here to enter text. |
| Click here to enter text. | Click here to enter text. | Click here to enter text. | Click here to enter text. |
| Click here to enter text. | Click here to enter text. | Click here to enter text. | Click here to enter text. |

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| Budget Narrative |
| Click here to enter text. |

Part IV. Grant Application Lesson Component

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| --- | --- | --- | --- |
| |  | | --- | | JRFH/HFH Lesson Plan | | | |
| Unit Topic  *List the unit that the lesson would be taught within.* | Click here to enter text. | |
| Lesson Topic | Click here to enter text. | |
| Lesson Plan Title | Click here to enter text. | |
| Submitted by | Click here to enter text. | |
| School Name & Location | Click here to enter text. | |
| Grade(s) | Click here to enter text. | |
| Time  *Duration that the lesson is planned to be taught within. Example: 30 min., 45 min., etc.* | Click here to enter text. | |
| National Standard(s)  *Indicate Health Ed. or P.E. and provide specific Standard(s) addressed in the lesson plan.* | Click here to enter text. | |
| Grade Level Outcome(s) or Performance Indicator(s)  *List the GLOs or performance indicator(s) that the learning objectives align to.* | Click here to enter text. | |
| Lesson Objective(s)  *Measurable objectives of what the students are expected to be able to do by the end of the lesson.* | Click here to enter text. | |
| Materials & Equipment | Click here to enter text. | |
| Safety Considerations | Click here to enter text. | |
| Introduction/Prior Knowledge | Click here to enter text. | |
| Lesson Description  *\*Incorporate additional “learning experience/ activity” sections as needed.* | |
| Learning Experience/ Activity 1 *Title and description*  Click here to enter text.  Progression:  Click here to enter text.  Modifications/ Differentiation:  Click here to enter text.  Key Points and/or Teaching Cues:  Click here to enter text.  Learning Experience/ Activity 2 *Title and description*  Click here to enter text.  Progression:  Click here to enter text.  Modifications/ Differentiation:  Click here to enter text.  Key Points and/or Teaching Cues:  Click here to enter text. | |
| Closure | |
| Click here to enter text. | |
| Assessment | |
| Click here to enter text. | |
| Reflection | |
| Click here to enter text. | |

Resources and Tools:

National Standards for Physical Education: <http://www.shapeamerica.org/standards/pe/>

National Standards for Health Education: <http://www.shapeamerica.org/standards/health/>

Coordinated School Health: <http://www.cdc.gov/HealthyYouth/cshp/>

Part V. Supporting Artifacts (OPTIONAL)

**Part V. (Optional)** Applicants may include **up to three** supporting artifacts documenting your Jump Rope For Heart or Hoops For Heart event. Supporting artifacts must be submitted electronically. *Additional supporting artifacts (beyond three) will be reviewed at the discretion of the committee.*

*Examples of artifacts are as follows but not limited to:*

* Photos (submission of photos – one or more will count as **one** supporting artifact)
* Letters of recommendation
* Newspaper articles
* Parent testimonials